

A large, stylized number '5' in a light teal color with a glossy, 3D effect, positioned on the left side of the slide. The number is composed of multiple concentric, slightly offset outlines, giving it a sense of depth and movement.

My top five DEI Voices

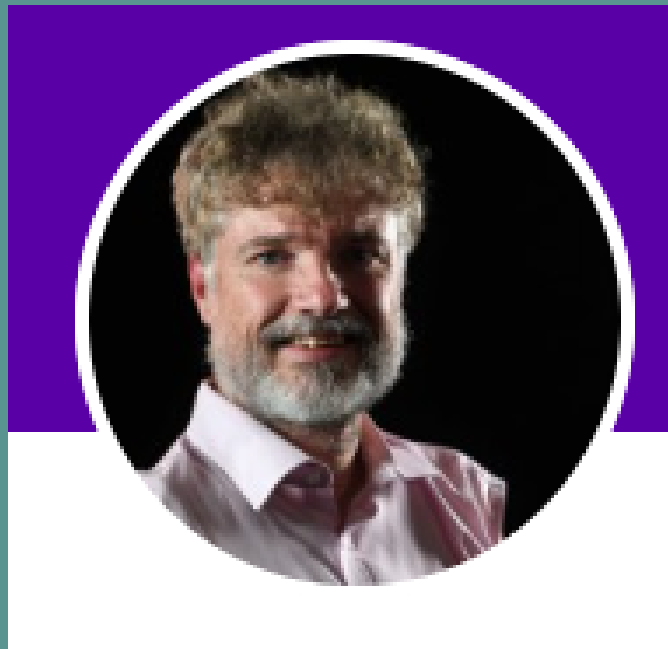
It's very easy to live in an echo chamber.

Just following people on social media who look like us, think like us and don't challenge the way we see the world.

Here are five of my favourite people to follow on social media. They help me deepen my understanding of DEI and challenge the way I think.



Mike Adams

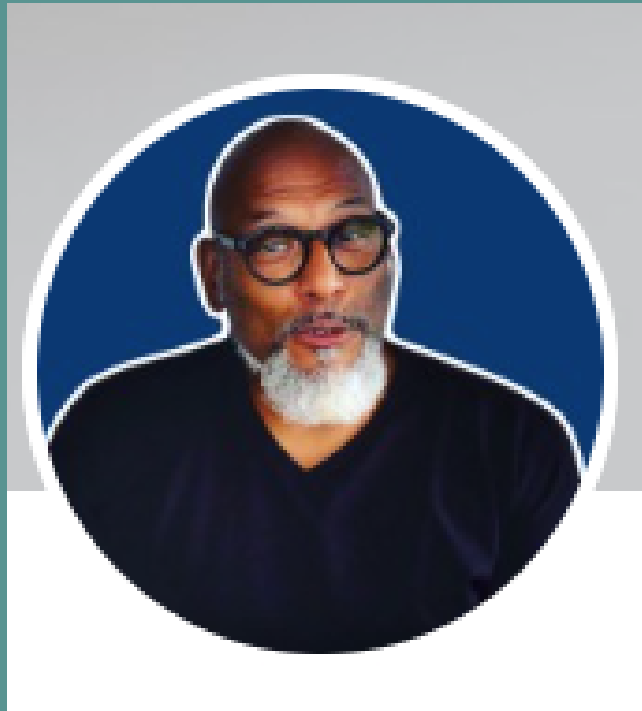


<https://www.linkedin.com/in/mike-adams-purple/>

<https://youtu.be/Z2-jgpGr4Ek>

Chief Executive of disability organisation Purple, Mike is an absolute powerhouse of a man. A brilliant speaker and all round nice fellow. Check out his recent TEDx talk on the YouTube link above.

John Amaechi



<https://www.linkedin.com/in/amaechi/>

<https://youtu.be/VkZlPlukD9g>

Author of the fantastic book 'The Promises of Giants', John is a psychologist, coach, NED and one of the most thoughtful commentators on DEI and leadership.

Tate Smith



<https://www.linkedin.com/in/tate-smith-6331b2152/>

Tate is a trans activist, consultant and speaker. I first came across him when he shared a really useful list of trans resources in LinkedIn.

Sharon Peake



<https://www.linkedin.com/in/sharonpeake/>

Sharon is the founder of Shape Talent - an award-winning gender equity consulting firm. Sharon regularly posts news and views on the challenges of achieving gender equity in the workplace.

Ellie Middleton



<https://www.linkedin.com/in/elliemidds/>

<https://youtu.be/9Z7BE4FpM3k>

I only came across Ellie recently, but I think she's brilliant. Maybe it's because we're both northerners! She talks about autism and adhd, and I'm looking forward to reading her book 'Unmasked' when it's out in October.

Cheeky bonus links...

I only included five of my favourites, but if you want to discover more movers and shakers in the DEI world, why not take a look at these 2023 awards/power lists

<https://dileaders.com/inspirational/>

<https://diversitypowerlist.com/2022diversity-powerlist/>

<https://disabilitypower100.com/the-list-2022/>

<https://www.pridepowerlist.com//>

<https://empower.involverolemodels.org/poll/2023-top-100-executives/>



WE LOVE TO SHARE!



Want to find more of our top five lists? You can find them here:

<https://bit.ly/top-five-lists>

And you can sign here up for the Liberare Consulting community, to be the first to hear of new thought leadership, podcasts and services

<https://bit.ly/liberare-community>



Hello!

I'm Melody, and I have a 20+ year obsession for all things leadership, coaching and DEI.

I'm also insatiably curious, and love nothing more than finding new and exciting ideas, research, and ways of sharing information about my core passions.

Why not follow me as I share my top five tips on all manner of things to do with leadership, coaching and DEI?

Melody Moore

Consultant, Coach & Podcaster

LinkedIn: [@melody-moore](#)

Website: <https://liberareconsulting.co.uk/>

Podcast: <https://thesecretresume.podbean.com/>

